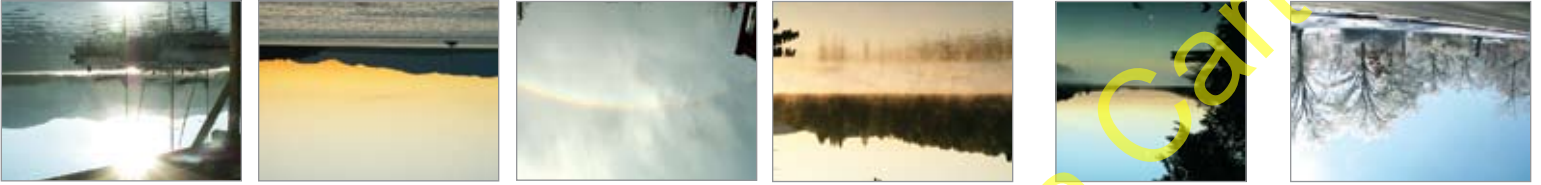


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Reflections on the Sun  
2009  
with quotes and facts about the sun

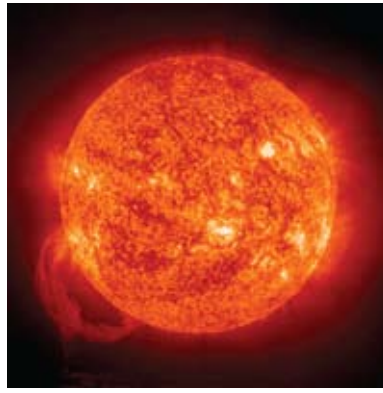
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Reflections  
Reflections  
on the  
Sun  
2009

2009

O Great Spirit of the East,  
 Radiance of the rising Sun,  
 Spirit of new beginnings,  
 O Grandfather Fire,  
 Great nuclear fire — of the Sun.  
 Power of life-energy, vital spark,  
 Power to see far, and to  
 Imagine with boldness.  
 Power to purify our senses,  
 Our hearts and our minds.  
 We pray that we may be aligned with you,  
 So that your powers may flow through us,  
 And be expressed by us,  
 For the good of this planet Earth,  
 And all living beings upon it.

four elements medicine wheel - ralph metzner (WP)



Courtesy NASA/JPL-Caltech

*Life-Giving Star*

Compared with the billions of other stars in the universe, the sun is unremarkable. But for Earth and the other planets that revolve around it, the sun is a powerful center of attention. It holds the solar system together, pours life-giving light, heat, and energy on Earth; and generates space weather.

But nothing else in the universe—save only our planet itself—is more immediately important to us. The sun is the origin of virtually all the energy that sustains life, the source of our weather, arbiter of our climate, and, of course, our closest connection to the processes that populate galaxies and power the cosmos.

*December*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 <i>Feast of St. Nicholas</i>	7	8 <i>Immaculate Conception</i>	9	10	11	12 <i>Hanukkah</i>
13	14	15	16	17	18	19
20	21 <i>Winter Solstice</i>	22	23	24 <i>Christmas Eve</i>	25 <i>Christmas</i>	26 <i>Kwanzaa Begins Boxing Day (Canada)</i>
27	28	29	30	31 <i>New Year's Eve</i>	<i>Sunspots in the photosphere are areas with strong magnetic fields that are cooler, and thus darker, than the surrounding region.</i>	



*Sunset along a highway in Arkansas*

*Someday after  
mastering winds,  
waves, tides  
and gravity, we  
shall harness the  
energies of love,  
and then, for the a  
second time in the  
history of the world,  
man will discover  
fire.*

—Teilhard de Chardin

**Credits:** All photos were taken by Pat Carter except the one noted above of the sun from NASA/JPL-Caltech.

Facts about the sun were also obtained from NASA/JPL-Caltech. (<http://sse.jpl.nasa.gov/>)

Quotes came from the collection of quotes at [www.Quotationsbook.com](http://www.Quotationsbook.com) denoted by QB following the source.

Prayers came from World Prayers, <http://www.worldprayers.org/index.html> denoted by WP following the source.

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The sun shines down,  
and its image reflects a  
thousand different pots  
filled with water.

The reflections are  
many, but they are each  
reflecting the same sun.

Similarly, when we come  
to know who we truly are,  
we will see ourselves in  
all people.

— amma (WP)

Tower Grove Park after an ice storm

## November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>All Saints' Day</i> <i>Daylight Savings</i> <i>Time Ends</i>	2 <i>All Souls' Day</i>	3 <i>Election Day</i>	4	5	6	7
8	9	10	11 <i>Veteran's Day</i> <i>(US)</i> <i>Remembrance</i> <i>Day (Canada)</i>	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 <i>Thanksgiving</i> <i>Day</i>	27	28
29 <i>First Sunday of</i> <i>Advent</i>	30	<p>The sun is the primary source of fossil fuels (coal, gas and petroleum). The transfer process began with life as plants or animals whose energy came from the sun millions of years ago.</p>				



Sunset on Pend Oreille River, Idaho

God is the Sun and when His rays fall upon your heart, not impeded by the clouds of egoism, the lotus blooms and the petals unfold.”

—Sri Sathya Sai Baba (QB)

## January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <i>Mary, Mother of God</i> <i>New Year's Day</i>	2	3
4 <i>Epiphany Celebrated</i>	5	6 <i>Epiphany</i>	7	8	9	10
11	12	13	14	15	16	17
18	19 <i>Martin Luther King Day</i>	20	21	22	23	24
25	26 <i>Memorial Day</i>	27	28	29	30	31



*The moon's an arrant thief,  
And her pale fire she snatches  
from the sun.*

— William Shakespeare (QB)

*The moon in the west at sunrise on Pend Oreille River, Idaho*

## October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Within only two hours the earth reflected back more sunlight than what is used by the entire population in one year.</i>				1	2	3
4	5	6	7	8	9	10
11	12 <i>Columbus Day (US) Thanksgiving (Canada)</i>	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 <i>Halloween</i>



*This sunlight shames  
November where he  
grieves*

*In dead red leaves,  
and will not let him  
shun*

*The day, though  
bough with bough be  
overrun.*

*But with a blessing  
every glade receives*

*High salutation.*

— Dante Gabriel Rossetti  
*Autumn Idleness (QB)*

*In Missouri Botanical Garden, St. Louis*

## February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <i>Groundhog Day</i>	3	4	5	6	7
8	9	10	11	12 <i>Lincoln's Birthday</i>	13	14 <i>Valentine's Day</i>
15 <i>National Flag of Canada Day</i>	16 <i>President's Day</i>	17	18	19	20	21
22 <i>Washington's Birthday</i>	23	24 <i>Mardi Gras</i>	25 <i>Ash Wednesday</i>	26	27	28

*The sun is a big star. At about 864,000 miles (1.4 million kilometers) wide, it could hold 109 planet Earths across its surface. If the sun were a hollow ball, more than a million Earths could stuff inside it.*



Sunrise mist on Pend Oreille River, Idaho

Three things  
cannot be long  
hidden: the sun,  
the moon, and the  
truth.

— Hindu Prince  
Gautama Siddharta, the  
founder of Buddhism,  
563-483 B.C.) (QB)

## September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 <i>Labor Day</i>	8	9	10	11	12
13	14	15	16	17	18	19 <i>Rosh Hashanah</i>
20	21	22 <i>Autumnal Equinox</i>	23	24	25	26
27	28 <i>Yom Kippur</i>	29	30	Solar energy represents the oldest form of energy. And there is a big chance it could turn out to be the most important answer to our energy problem.		





May the long time sun  
 Shine upon you,  
 All love surround you,  
 And the pure light  
 within you  
 Guide your way on.

kundalini yoga  
 - farewell blessing (WP)

Sunset near Ste. Genevieve, Missouri

## March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 <i>Daylight Savings Time Begins</i>	9 <i>Prophet Mohammed's Birthday</i>	10 <i>Purim</i>	11	12	13	14
15	16	17 <i>St. Patrick's Day</i>	18	19 <i>St. Joseph</i>	20 <i>Vernal Equinox</i>	21
22	23	24	25 <i>Annunciation</i>	26	27	28
29	30	31	<p><i>The sun is a big star. At about 864,000 miles (1.4 million kilometers) wide, it could hold 109 planet Earths across its surface. If the sun were a hollow ball, more than a million Earths could stuff inside it.</i></p>			



*Life is like a rainbow. You need both the sun and the rain to make its colors appear.*

(QB)

*Rainbow in St. Louis, Missouri*

*August*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <i>Every 11 years, on average, the sun reverses its overall magnetic polarity: Its north magnetic pole becomes a south pole, and vice versa. So a complete magnetic solar cycle—returning the sun to its initial orientation—actually lasts an average of 22 years.</i>
2	3 <i>Civic Holiday (Canada)</i>	4	5	6	7	8
9	10	11	12	13	14	15 <i>Assumption</i>
16	17	18	19	20	21	22 <i>1st of Ramadan</i>
23	24	25	26	27	28	29
30	31					



See how nature -  
 trees, flowers, grass  
 - grows in silence;  
 see the stars, the  
 moon and the sun,  
 how they move in  
 silence...we need  
 silence to be able to  
 touch souls.

— Mother Teresa of Calcutta  
 (QB)

Sunrise on Priest lake, Idaho

*April*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Magnetism made visible: That describes virtually every feature on the sun, from sunspots to soaring structures called loops. Loops easily reach the height of ten Earths.</i>			1 <i>April Fool's Day</i>	2	3	4
5 <i>Palm Sunday</i>	6	7	8	9 <i>Holy Thursday Passover</i>	10 <i>Good Friday</i>	11
12 <i>Easter</i>	13	14	15 <i>Tax Day</i>	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



Sunset at Puget Sound, Washington

Turn your face  
to the sun and  
the shadows fall  
behind you.

— Proverb, Maori (QB)

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>The Sun's "surface" - the photosphere - is a 500-kilometer-thick (300-mile-thick) region, from which most of the Sun's radiation escapes outward and is detected as the sunlight we observe here on Earth about eight minutes after it leaves the Sun.</i>			1 <i>Canada Day</i>	2	3	4 <i>Independence Day</i>
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



The sun will  
set without thy  
assistance.

— The Talmud (QB)

Fourth of July, Missouri Botanical Garden, St. Louis

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>The sun has been burning for 4.6 billion years, even before there was an Earth to bask in its all-sustaining glow. Yet it is only in the past two decades that scientists truly have begun to understand the thermonuclear reactor we call the sun.</p>					1	2
3	4	5	6	7	8	9
10 <i>Mother's Day</i>	11	12	13	14	15	16
17	18 <i>Victoria Day (Canada)</i>	19	20	21 <i>Ascension Day</i>	22	23
24	25 <i>Memorial Day</i>	26	27	28	29	30
31 <i>Pentecost</i>						



We now send greetings and thanks to our eldest Brother, the Sun. Each day without fail he travels the sky from east to west, bringing the light of a new day. He is the source of all the fires of life. With one mind, we send greetings and thanks to our Brother, the Sun.

Now our minds are one.

ohenton kariwahtekwen  
- excerpt from iroquois  
thanksgiving address (WP)

Sunrise at marina at Priest Lake. Idaho

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 <i>Trinity Sunday</i>	8	9	10	11	12	13
14 <i>Flag Day</i>	15	16	17	18	19	20
21 <i>Father's Day Summer Solstice</i>	22	23	24	25	26	27
28	29	30	<p><i>Most of the Earth is solid. By contrast, all of the sun is gas: about 70 percent hydrogen, 28 percent helium, and 2 percent heavier elements. The outer visible layer is called the photosphere. But in fact, the sun has no "surface," and its atmosphere extends all the way to Earth and beyond, thinning out as it goes.</i></p>			