

I invite you to enter for a moment
into Sacred Time and Space,
into a way of seeing that is broad and spacious.
See this Day, from the time you arose this morning
until you sleep this evening, as one Ceremony,
divided into small and familiar rituals,
your Heart as the Altar.
You, part of the Cycles of Light and Darkness.

Now begin to see your Life,
from the moment of your Conception
until the time of your Death
as one long, continuous Ceremony,
filled with many rituals,
some familiar, some unknown and challenging.
Your Home and all Your Relations, the Altar.
You, part of many Seasons and Cycles.

Now see this Ceremony of your Life
as part of a much larger Ceremony that extends
Seven Generations into the Past and Seven into the Future,
made up of many Births and Deaths.
This beautiful spinning Earth the Altar.
You, part of the great Ebb and Flow.
Now, if You will, imagine this larger Ceremony
to be but one part of a Ceremony so grand,
so magnificent as to be hardly comprehensible,
a great, vast Ceremonial Circle, rich and vibrant
with millions upon millions of swirling
Circles of Dancing Light,
and You, one of those Dancing Circles,
a Dancer on the Altar that is the Universe,
where Time is Eternal.
May You Dance In Beauty.

circle wisdom - sedonia cahill

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