

MENTORING DIRECTORS OF THE SPIRITUAL EXERCISES

A Refresher Course 2007-2008

Goal:

To present to directors/guides of the Spiritual Exercises a briefing before each part of the Exercises is scheduled for Bridges, 2007-2008, expanding possibilities for them, using the text and language of the Spiritual Exercises.

Objective:

To become more comfortable with the book, *The Spiritual Exercises of St. Ignatius*, so that one is freed in adapting these exercises to individual exercitants.

Procedures:

In preparation for the class, there will be two readings and at least one prayer period. These will be assigned at the end of class.

The class period will draw from primary and secondary sources, personal experience and reflection. Each class after the first will commence with processing the prayer assignments of the previous class, using the experiences of the participants to learn from one another what Ignatius intended in that part of the *Exercises*. Class lecture will follow.

Texts:

We will use two texts in this mentoring course:

Draw Me into Your Friendship by David Fleming *Companions in Grace* by Marian Cowan and John Futrell Since we are all familiar with *Choosing Christ in the World* by Joe Tetlow, participants may want to refer to this book as an anchor as we go along.

Confidentiality:

Because of the nature of sharing what might arise in prayer, it is imperative that what is shared is held in strictest confidence.