

THE SPIRITUAL EXERCISES

OUTER STRUCTURE

INNER DYNAMIC

Principle and Foundation

Preparation Time: Experience of relationship with Loving God; Desire for indifference

First Week

Getting in touch with sin and its effects,
And with God's saving love in Jesus Christ

Call of the King

Invitation to join Christ in His project of salvation

Second Week (Hidden Life)

Getting to know Jesus intimately in his time of preparation

Two Standards

A closer look at the work to be done and at obstacles in me; understanding the value systems of Jesus and of Satan

Three Classes of Persons

Letting go of the obstacles

Three Kinds of Humility

Entering all the way into the mystery

Choice of a Way of Life

Responding with deeper, more specific commitment

Second Week (Active Life)

Accompanying Jesus intimately along his journey; entering into Jesus' work with him

Third Week

The price of our redemption; the cost of discipleship

Fourth Week

Sharing the joy of the Lord, risen and present in a new way

Contemplation to Attain Divine Love

Mutuality of Love
Take, Lord, receive...